Anxiety, Depression, Trauma, & Mood Issues
1. University Center for the Child and Family
   • Located at 500 E. Washington St., Suite 100, Ann Arbor, MI 48104
   • Contact: (734) 764-9466
   • For depression, anxiety, trauma, and mood concerns; child has an initial evaluation & is assigned a therapist
   • Depression concerns:
     ➢ Treatment: Cognitive-behavioral therapy, Interpersonal Therapy, or Dialectical Behavioral Therapy
   • Anxiety concerns:
     ➢ Treatment: Cognitive-behavioral therapy
   • Trauma concerns:
     ➢ Treatment: Cognitive-behavioral therapy, Interpersonal Therapy, and Family Systems Approaches
2. Depression Center and Ambulatory Psychiatry
   • Located at the Rachel Upjohn Building, East Medical Campus at 4250 Plymouth Rd., Ann Arbor, MI 48109
   • Contact: (734) 764-0231
   • Evaluation and treatment for bipolar disorders and difficult-to-treat major depression for children and adolescents
   • Evaluation and treatment for pediatric anxiety and tic disorders
   • Evaluation and intervention services for trauma and grief for infants, children, and adolescents

Autism Spectrum Disorders
Evaluations:
1. University Center for the Child and Family
   • Located at 500 E. Washington St., Suite 100, Ann Arbor, MI 48104
   • Contact: (734) 764-9466
   • Children ages 12 months up to 18 years old
   • Insurance: Blue Cross Blue Shield and Blue Care Network
2. Multidisciplinary Developmental Evaluation Clinic
   • Located at 1540 E. Hospital Dr., Ann Arbor, MI, 48109
   • Contact: (800) 211-8181
   • Children ages 4 years old and younger
   • Referral needed from PCP
   • Most insurances accepted
3. Depression Center and Ambulatory Psychiatry
   • Located at the Rachel Upjohn Building, East Medical Campus at 4250 Plymouth Rd., Ann Arbor, MI 48109
   • Contact: (734) 764-0231
   • If child is under 6 years old and has Medicaid, the child can be tested within 6 weeks
   • Most insurances accepted
Treatment:
1. University Center for the Child and Family
   • Located at 500 E. Washington St., Suite 100, Ann Arbor, MI 48104
   • Contact: (734) 764-9466
   • ABA therapy
   • Insurance: Blue Cross Blue Shield and Blue Care Network

Education, Attention, and Learning Issues
1. University Center for the Child and Family
   • Located at 500 E. Washington St., Suite 100, Ann Arbor, MI 48104
   • Contact: (734) 764-9466
   • Services include: psychoeducational testing, social skills groups, IQ testing, education consultations, school visits (for current clients), ADHD & Learning Disabilities workshop (offered in the spring & fall)
   • Insurances: Blue Cross Blue Shield, Blue Care Network, Meridian

2. Neuropsychology Clinic at Commonwealth
   • Located at 2101 Commonwealth Dr., Ann Arbor, MI 48105
   • Contact: (734) 763-9259
   • Offers evaluations for children and adolescents having difficulties in areas of education, or need academic counseling
   • Offers developmental evaluations for cognitive disorders associated with neurological illness, general medical conditions, learning and development disabilities

3. Depression Center and Ambulatory Psychiatry
   • Located at the Rachel Upjohn Building, East Medical Campus at 4250 Plymouth Rd., Ann Arbor, MI 48109
   • Contact: (734) 764-0231
   • Evaluations for attention concerns for children and adolescents ages 4 to 18 years old
   • Ongoing treatment available
   • Most insurances accepted

Family and Parenting Concerns
1. University Center for the Child and Family
   • Located at 500 E. Washington St., Suite 100, Ann Arbor, MI 48104
   • Contact: (734) 764-9466
   • Evaluations and treatment services for depression and life transitions, such as: separation, divorce, marriage, adoption, moving, or death

2. Depression Center and Ambulatory Psychiatry
   • Located at the Rachel Upjohn Building, East Medical Campus at 4250 Plymouth Rd., Ann Arbor, MI 48109
   • Contact: (734) 764-0231
   • Parent-child Relational Clinic: accepts mothers and children from 19 months old to 6 years old
   • Women and Infants Mental Health Clinic: can be seen within weeks
Feeding Issues
1. Child Behavioral Health Clinic at C.S. Mott Children’s Hospital
   • Locations at C.S. Mott, Ann Arbor, Brighton, Canton, Northville, Saline and Ypsilanti
   • Contact: (877) 475-6688
   • Services include evaluations and treatment
   • Ages from infancy up to 18 years old
   • Referral needed from PCP
2. Briarwood Milestones and Pediatric Rehabilitation Center
   • Briarwood location & contact: 400 E. Eisenhower Pkwy., Building 2, Suite A, Ann Arbor, MI 48108; (734) 998-7710
   • PRC location & contact: 2205 Commonwealth Blvd., Ann Arbor, MI 48105; (734) 763-2554
   • Consult required from PCP
   • Initial evaluations are scheduled at about 6 weeks out (as of March 2016)
   • Most insurances accepted, including Medicaid

Occupational & Physical Therapy
1. MedSport
   • Locations: Ann Arbor, Brighton, Northville
   • Contact: (734) 930-7400
   • Children accepted starting at age 12, contact for more info regarding younger children
   • PT prescription needed from PCP
   • Waitlist dependent upon prescription and urgency
2. Briarwood Milestones and Pediatric Rehabilitation Center
   • Briarwood location & contact: 400 E. Eisenhower Pkwy., Building 2, Suite A, Ann Arbor, MI 48108; (734) 998-7710
   • PRC location & contact: 2205 Commonwealth Blvd., Ann Arbor, MI 48105; (734) 763-2554
   • Doctors order needed
   • Waitlist dependent upon diagnosis and family availability; can typically be seen within a week to a month
   • Most insurances accepted, including Medicaid

Psychiatric Services

Outpatient
1. Depression Center and Ambulatory Psychiatry
   • Located at the Rachel Upjohn Building, East Medical Campus at 4250 Plymouth Rd., Ann Arbor, MI 48109
   • Contact: (734) 764-0231
   • Program for Risk Evaluation and Prevention (PREP):
     ➢ Consult clinic for ages 14 to 25 who may be showing early signs of schizophrenia
• UM Addiction Treatment Services:
  ➢ Offered for adolescents and adults
  ➢ Evaluations, consultations, referrals
  ➢ Individual, group, couples, and family therapy

• Treatment-Resistant Disorders Clinic:
  ➢ Services adolescents and children who suffer from severe mood disorders (depression or bipolar disorder) and psychotic disorders that have failed to respond to conventional treatment
  ➢ Comprehensive evaluation and treatment recommendations

**Inpatient**
1. C.S. Mott Children’s Hospital
   • Located at 1540 E. Hospital Dr., Ann Arbor, MI 48109
   • Contact: (800) 525-5188
   • Child and Adolescent Psychiatry Inpatient Program:
     ➢ Inpatient psychiatric care for psychiatric disorders including mood, anxiety, psychosis, behavioral and developmental disorders
     ➢ Diagnosis and treatment are provided
   • UM Comprehensive Eating Disorders Program:
     Services for ages 8-24 years old
     ➢ Offers comprehensive treatment for anorexia nervosa, bulimia nervosa, eating disorders not otherwise specified, and atypical eating disorders
   • Child and Adolescent Consultation & Liaison Services:
     ➢ Services include safety of depressed and suicidal youth
     ➢ Provides pharmacologic recommendations for emotional and behavioral disturbances, therapeutic treatment, and disposition management for outpatient care

**Speech Language Pathology**

**Evaluations:**
1. Briarwood Milestones
   • Located at 400 E. Eisenhower Pkwy., Building 2, Suite A, Ann Arbor, MI 48108
   • Contact: (734) 998-7710
2. Pediatric Rehabilitation Center
   • Located at 2205 Commonwealth Blvd., Ann Arbor, MI 48105
   • Contact: (734) 763-2554
3. Northville Health Center
   • Located at 39901 Traditions Dr., Northville, MI 48168
   • Contact: (248) 305-4400
   • For all 3 locations listed above:
     • Consult required from PCP
     • Initial evaluations are being scheduled 6 weeks out (as of March 2016)
     • Most insurances accepted, including Medicaid
4. University Center for Language and Literacy
   • Located at 1111 E. Catherine St., Ann Arbor, MI 48109
• Contact: (734) 764-8440
• Self-pay; will work with families who want to file insurance claims
• All ages accepted
• No current waitlist (as of April 2016)

Treatment:
1. Briarwood Milestones
   • Located at 400 E. Eisenhower Pkwy., Building 2, Suite A, Ann Arbor, MI 48108
   • Contact: (734) 998-7710
2. Pediatric Rehabilitation Center
   • Located at 2205 Commonwealth Blvd., Ann Arbor, MI 48105
   • Contact: (734) 763-2554
3. Northville Health Center
   • Located at 39901 Traditions Dr., Northville, MI 48168
   • Contact: (248) 305-4400
   • For all 3 locations listed above:
     • Consult required from PCP
     • Most insurances accepted, including Medicaid
4. University Center for Language and Literacy
   • Located at 1111 E. Catherine St., Ann Arbor, MI 48109
   • Contact: (734) 764-8440
   • Accepts a range of diagnoses
   • Self-pay
   • No current waitlist